2023 Trek Registration Checklist

- [ ] 1. EVERYONE attending trek including MAs/PAs, adult support staff and youth trekkers will need to register online at highlandwesttrek.com by **Sunday, March 5, 2023**
  THE BELOW FORMS ARE PROVIDED IN THE PACKET YOU RECEIVED. IF YOU DID NOT RECEIVE A PACKET, YOU CAN FIND THESE FORMS AT WWW.HIGHLANDWESTTREK.COM UNDER THE REGISTRATION TAB. THE LINK TO ALL FORMS IS "MEDICAL RELEASE FORM: PDF"

- [ ] 2. Print out all medical release and agreement forms
  - [ ] Fill out and sign the Medical Release form. If any "YES" answers, please also fill out the Physician Clearance form. If all "NO" answers the Physician Clearance form is not needed (skip it).
  - [ ] Physician Clearance form ***Once again this is only needed if any "YES" answers indicated on MEDICAL RELEASE form *** This form must be signed by a physician
  - [ ] Sign Rules Agreement form - *This is required by the American West Heritage Center*
  - [ ] Fill-out the Insurance and Emergency Contact Form - *This is required by the American West Heritage Center*
  - [ ] Sign Statement of Consent to Receive First Aid and Medical Treatment & Statement of Medical Condition - *This is required by the American West Heritage Center*
  - [ ] Sign Release of Liability, Waiver of Claims, Indemnification, and Arbitration Agreement - *This is required by the American West Heritage Center*

- [ ] 3. Return all paperwork to your ward registration representative (the list of ward representatives is found on the highlandwesttrek.com website under the registration tab)

- [ ] 4. Pay the $50 fee - This needs to be done through a ward donation slip. Specify "TREK" in the other field and turn it into a member of your bishopric. Only the youth will need to pay the $50 fee…MAs/ PAs AND ADULT LEADERS DO NOT NEED TO PAY THE $50 REGISTRATION FEE.